



Domestic Abuse Support

Since lockdown in March, there has been frequent dialogue in the media, and from government, around an escalation in Domestic Abuse cases.

It is understandable that this may be raising high concern, as families are forced to be together, sometimes in small spaces, and are confined mostly to their homes. This has meant that some families where abuse is already a dynamic of their relationships may feel more in fear and possibly other families where this has not been an issue in the past, may now face these situations too.

It is imperative for anybody experiencing abuse, to know that services and support are still available to them, even whilst COVID-19 is a UK/World issue.

Please find below information which can assist in supporting families we are working with:

Information and Support: Domestic abuse

If you, or someone you know, have been affected by domestic abuse or violence, the following organisations may be able to help. **If you are in immediate danger, you should dial 999.**

Victims of domestic abuse will be able to access safe spaces at Boots pharmacies consultation rooms where they can contact specialist domestic abuse services for support and advice. The scheme is in response to the desperate situation facing many victims who are isolating with perpetrators during lockdown.

The Silent Solution

The Silent Solution system enables a 999 mobile caller who is too scared to make a noise, or speak, to press 55 when prompted – to inform police they are in a genuine emergency. The system is well-established in the UK but is only effective if the public know and understand how it works. It could, in extreme situations, potentially save a life.

Local Domestic Abuse Services

Many Local Authority's either provide local Domestic Abuse Services or outsource services to a third sector provider. Please take time to research the services which are available in your local area as they are likely to employ Independent Domestic Violence Advisors (IDVAs) who will be best placed to provide risk assessments, immediate and longer term safety planning, advocacy and help if the client needs to apply for a legal order to safeguard themselves and/or their children.

The National Domestic Abuse Helpline

The 24-hour National Domestic Abuse Helpline, run by Refuge, is for women experiencing domestic abuse, their family, friends and others calling on their behalf. Refuge provides safe, emergency accommodation and emotional and practical support to women and children experiencing domestic abuse **Phone: 0808 2000 247**

place2be.org.uk

Royal Patron
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Registered Office: Place2Be, 175 St John St, Clerkenwell, London EC1V 4LW, 020 7923 5500
Registered Charity in England and Wales (1040756) and in Scotland (SC038649)
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Barnardo's - <https://www.barnardos.org.uk/domestic-abuse>

For: All ages/families/carers/ Help children through trauma of sexual abuse and exploitation/ support young people in care and care leavers/ Young carer support/Support, mental health problems etc sentences, asylum seeking and much more. We also amplify the voices of young people to influence Government on the issues that affect their lives, fighting their corner and making sure their voices are heard.

The National LGBT Domestic Abuse line

For: All Ages | LGBT | Website | Information and Support | Domestic Abuse | The LGBT domestic violence and abuse charity. **Phone 0300 999 5428**

Child-line

If you're a child and in a situation where you may be experiencing domestic abuse, Childline can offer some advice or support via their free, 24-hour confidential helpline for children and young people who need to talk. **Phone: 0800 1111 Website: <https://www.childline.org.uk/>**

Women's Aid

Online chat service - <https://chat.womensaid.org.uk/> (available Monday to Friday, 10am-12pm)

Northern Ireland: 0808 802 1414 / Scotland: 0800 027 1234 / Wales: 0808 8010 800

Scotland's Domestic Abuse and Forced Marriage Helpline offers telephone information and support to anyone affected by domestic abuse or forced marriage. **Phone: 0800 027 1234 (24/7)**

Men's Advice Line offers confidential advice for men experiencing domestic violence from a partner or ex-partner. **Phone: 0808 801 0327 (weekdays 9am-5pm)**

Abused Men in Scotland

Abused Men in Scotland supports men who are experiencing, or who have experienced, domestic abuse. **Phone: 0808 800 0024 (Monday to Friday 10am-4pm, Tuesday and Thursday 6pm-9pm)**

Respect Phonenumber offers confidential advice and support to help domestic violence perpetrators stop being violent and abusive to their partners or ex-partners. **Phone: 0808 802 4040**

Victim Support

Victim Support provides emotional and practical help to victims or witnesses of any crime, whether or not it has been reported to the police. **Phone: 0808 16 89 111 (24/7)**

Victim support Scotland

Victim Support Scotland offers emotional and practical support to all victims and witnesses of crime across Scotland. **Phone: 0800 160 1985 (Mon-Fri 8am-8pm)**

The Hideout - The Hideout has been created by Women's Aid and is an online support tool for children and young people to help them to understand Domestic Abuse and to find out how they can get help if it is happening to them. <https://thehideout.org.uk/>

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